



**GET FIT.
STAY HEALTHY.
BELONG.**

**JOIN THE VALDERS AREA
SCHOOL DISTRICT
FITNESS CENTER TODAY!**

Whether you're looking to build strength, improve cardio endurance, or simply stay active in a supportive environment, your local fitness center is open and equipped for you.

WHY CHOOSE US?



A VARIETY OF EQUIPMENT:
Free weights, cardio machines, and resistance equipment for all fitness levels.



CONVENIENT COMMUNITY ACCESS:
Designed to fit your morning, evening, or weekend schedule.



SAFE & CLEAN FACILITY:
Maintained regularly to give you a comfortable place to work out.



AFFORDABLE RATES:
\$60 Annual membership fee.

MEMBERSHIP OPTIONS



COMMUNITY MEMBER:
\$60 / year



STUDENTS:
Free
accompanied by an adult member or coach



VASD STAFF:
Free

HOURS OF OPERATION

SCHOOL YEAR:

Monday – Friday
4:30am – 7:30am
3:15pm – 10:00pm

WEEKENDS

4:30am – 10:00pm

SUMMER:

4:30am – 10:00pm

(Hours subject to change.)

HOW TO JOIN IN 3 EASY STEPS:

1



READ THE RULES AND POLICIES:
Follow the link.

[VASD Fitness Center Policies](#)

2



COMPLETE PAPERWORK:
Fill out the brief safety waiver and membership agreement. Follow the link.

[VASD Fitness Center Membership Form](#)

3



GET YOUR ACCESS KEY:
Turn in paperwork and pay to get your keycard at the district office and start working out!



STRONGER TOGETHER. | HEALTHIER TOGETHER. | VALDERS TOGETHER.